

LIST OF WORKSHOPS

Sl No.	Title of Workshop and Contents	Faculty
WP01 (Full day) Time: 06 hrs Registration fees: Faculty: Rs.1000 Student: Rs. 750	Research Methodology and Data Analysis (RMDA) Contents: Introduction to RMDA, Types of research, Method & Techniques used for data collection, Multi-variate Statistics, Statistical Data analysis and modelling using SPSS, AMOS and Smart PLS Participants are advised to bring their own laptop for hands on exercises.	Tushar Singh, IIT Kharagpur Suvashisa Rana, CU, Hederabad R K Pradhan, IIT Kharagpur Kailash Jandu, IIT Kharagpur Aneerban Roy, IIT Kharagpur
WP02 (Full day) Time: 06Hrs Registration fees: Faculty: Rs.1000 Student:Rs. 750	Emerging Soft-Skills for the 21st Century Contents: <ul style="list-style-type: none"> ✓ Time Management ✓ EQ Skills ✓ Leadership Skill ✓ Communications Skills ✓ Conflict Management Skills ✓ Work-life Balance ✓ Decision making ✓ Transactional Analysis 	R.K Pradhan, IIT Kharagpur Sanddep Kumar, BHU, Varanasi Nilesh Thakrey, SNDTU, Mumbai Sajeet Pradhan, IIM Trichy Tushar Singh, BHU, Varanasi Purnima Avasthi, BHU, Varanasi
WP03 (Half-day) Time: 03 Hrs Registration fees: Faculty: Rs.750 Student: Rs. 500	Case Study Method in Teaching & Research Contents: <ul style="list-style-type: none"> ✓ What is a Case Study Method? ✓ Importance of Case Study ✓ Different Components of Case Study ✓ How to Write a Teaching Case Study? ✓ How to Write a Teaching Notes? ✓ How to Publish a Case Study in Reputed Journals 	Dr. Jayalaxmi Samal, Assistant Professor, School of Humanities, KIIT University, Bhubaneswar, Odisha, India
WP04 (Half-day) Time: 03 Hrs Registration fees: Faculty: Rs.750 Student: Rs. 500	Text Analysis in Research Contents: <ul style="list-style-type: none"> ✓ What is a text analysis method? ✓ Importance of Text analysis ✓ Components of Text analysis ✓ Approaches to Text analysis ✓ Applications of Text analysis 	Sweta Saraf, IHR, Kolkata R K Biswal, NIT Rourkela R K Pradhan, IIT Kharagpur
WP05 (Half-day) Time: 03 Hrs Registration fees: Faculty: Rs.750 Student: Rs. 500	Phenomenological Analysis <ul style="list-style-type: none"> ✓ Importance ✓ Concepts ✓ Components ✓ Approaches ✓ Applications 	Prof. Pooja Purang IIT Bombay

Note: *Participants are advised to carry their laptop to the workshop. Registration fee is non-refundable. It includes class notes, writing pad, pen, participation certificate, and tea & biscuits. This workshop is part of the conference. All the participants must register for the conference as applicable.*

LIST OF WORKSHOPS

Sl. No.	Consents	Faculty/Experts/Resource Person
<p>WP06</p> <p>(Half day) Time: 03 hrs Registration fees: Faculty: Rs.1000 Student: Rs. 750</p>	<p>TEAM-CBT: A New Model for Psychotherapy</p> <p>Objectives: By the end of the Workshop participants will get to understand;</p> <ul style="list-style-type: none"> • The structural framework of evidence-based TEAM-CBT approach propounded by Dr. David Burns. • Develop clear understanding of Testing, Empathy, Agenda Setting and Methods (TEAM) • Introduction of the tool for offering Empathy to the clients <i>The Five Secrets of Effective Communication</i>, • Brief understanding of the steps and methods of Assessment of the 8 kinds of Resistance, Outcome and Process resistance. • The Necessary condition & Sufficient condition for emotional change. • Introduce one of the several CBT methods developed by Dr David Burns. • Concept of Relapse Prevention Training in TEAM • Information about TEAM CBT Training opportunities for therapists and various certificate programs offered by FGI in India and USA which are all online. http://www.feelinggoodinstitute.com/therapists-services-overview/certification/ 	<p>Dr. Dipti Joshi, M.A., Ph.D. in Psychology, Certified Level 4 Therapist by Feeling Good Institute, California. http://drdiptijoshi.com/</p> <p>Ms Ashita Mathur, M.Phil Clinical Psychology, Certified Level 2 Therapist Feeling Good Institute</p> <p><i>Other Facilitators: Three more facilitators who have been certified by FGI California with a minimum of Level 2 Certification.</i></p>
<p>WP07</p> <p>(Half day) Time: 03 hrs Registration fees: Faculty: Rs.1000 Student: Rs. 750</p>	<p>Emotional Freedom Technique Tapping (EFT), a simplified method of releasing emotional accumulation</p> <p>Objectives: The participants will have insights into:</p> <ol style="list-style-type: none"> 1. What is EFT Tapping 2. Why is it effective 3. Issues where EFT Tapping can be used 4. Testimonials of clients 5. Steps to Tapping <ol style="list-style-type: none"> a. Naming the emotion b. Calibrating the intensity c. Identifying the area where the emotion is felt d. Self-acceptance e. Addressing the emotion f. Releasing the emotion g. Replacing the emotion 6. Guided EFT Tapping 	<p>Mrs. Ambika Warriar Psychologist and Psychotherapist Founder, Aananda Centre for Counselling</p> <p><i>There will be a co-facilitator during the workshop.</i></p>